



AusAPT Conference 2023 'From Shadows to Showtime' Sessions & Presenters in Details

Friday 1 September

Presenter	Session	Presenter Bio
<p>Angelina Bennet Keynote Speaker</p> 	<p>From Shadows to Showtime: Moving into the light</p> <p>Considering the nature of the shadow, how it is formed and how it can shed light on our untapped potential.</p> <p>Although the pandemic wasn't what anyone asked for, being in lock down did give me the opportunity to really tap into my introverted intuition and get creative. What started out as the need to fill a blank wall, ended up as a deep dive into my life stages using collage. The process helped me to see what parts of my personality had been set aside and what my 'true self' was about. In this session I will provide some theoretical insights into the nature and formation of the shadow - both the 'dark' and 'light' shadow – and how we can harness our untapped potential. This session will provide opportunities for participants to consider their own light shadow and is suited to Type users at all levels. In fact, you don't even need to know about Type.</p>	<p>Angelina is a Chartered Occupational Psychologist and specializes in developing individuals through personality work. She has an occupational psychology business in the UK offering coaching, development and assessment. She also type qualification training through Type Pro Ltd. Her other areas of interest centre around people development include transpersonal coaching and the Enneagram. She is a past President of BAPT and the author of <i>'The Shadows of Type - Psychological Type through Seven Levels of Development.'</i></p>
<p>Adam Le Good</p> 	<p>Behaviour equals Personality plus Context: Which instrument works best where?</p> <p>An opportunity to view a variety of instruments side by side including their strengths and weaknesses and best applications.</p> <p>Leaders and managers are often unsure which typing instrument would work best for their application. We have produced a video looking at a number of different instruments side by side. We discuss some of the myths associated with typing instruments and look at each instrument's optimal application and how it can benefit staff in the corporate workspace.</p>	<p>Adam has been working in Learning & Development for over 30 years and has been the director of Fundamental Training and Development since 1995. He designs and delivers management development programs for a wide variety of clients throughout Australia and New Zealand. He often uses typing tools in his training to enhance the learner's experience. He holds accreditations in a range of different instruments.</p> <p>As well as producing the video comparing instruments with Rod Winning, he is writing an accredited module on using Psychometric Instruments in Learning.</p>

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<p>Jenny Gleeson</p> 	<p>Personality Dimensions: Self Exploration and Collaboration</p> <p>Personality Dimensions is an effective tool in helping young people accept themselves and others more effectively. Practical and easy to implement, it helps participants understand Personality Dimensions and how to successfully engage young people to get the best out of them.</p> <p>Personality Dimensions is the latest evolution in Personality Temperament Theory, with foundations established by the work of Jung, Keirsey, and Berens. Personality Dimensions utilises a card sort/questionnaire to reveal temperament preferences.</p> <p>This session explains how we were successful in gaining funding through the Department of Industry, Science, Energy & Resources (Career Needs for Young People) to support Aboriginal youth at risk better understand themselves and others through type theory. This joint funding submission includes: two Aboriginal Corporations who have seen first-hand how beneficial and versatile this tool is, especially with our First Nations people. Delegates will gain insight into the interactive nature of the tool, which makes it versatile and easy to implement with a wide range of people, especially Aboriginal people and youth at risk of disengagement. A hands-on activity is incorporated.</p>	<p>I am a multi award winning coach and consultant with over 15 years of experience in self-employment. Awards and commendations include National Highly Commended Practitioner of the Year (CDAA), State/Life Career Coach Edupreneur of the Year, State Goldfields Home-based Business Award, and National Career Practitioner of the Year (CDAA). I am described as efficient, purpose driven, dynamic, reliable, and inspirational. With a strong focus on assisting Aboriginal communities, not-for-profit organisations, youth services, and charities.</p>
<p>Liz Hallows</p> 	<p>Can hand features indicate our cognition preferences?</p> <p>My focus is Jung's conceptual theory that our mental functions have an innate directional attitude. A presentation, discussion and activity-based session exploring HANDscapes Research Results for predicting the directional attitude of a Subject's Judging function for volunteers having preferences for their dominant Judging function. eg E__P or I__J.</p> <p>Reporting Hallows HANDscapes 2023 Research Results illustrating the one permanent, major hand feature consistently predicting a person's orientation preference for their dominant mental Judging function as sorted by the MBTI® questionnaire. My HANDscapes Results support CG Jung's Cognition theory of two opposite directional orientations and support Myers & Briggs' approach to sorting this orientation via their questionnaire. I show photos and prints of hands to teach this feature, the Upper Transverse Crease. I define and explore C.G. Jung's foundational theory positing that mental functions have two opposite orientations he termed Extraverted attitude and Introverted attitude. Content is limited to discussing attitude preference of the Judging function. Feedback examples are from people who have Judging as their dominant mental function in MBTI® Profile. The first & fourth letters of MBTI® code are examined to discuss how it sorts Jung's theory of dominant mental function orientation.</p>	<p>I teach Jungian concepts as I collect palm prints to correlate with MBTI® profiles sorting cognition preferences. I set out to prove the Null Hypothesis that hand features cannot indicate character or personality. After 22 years analysing MBTI results and Palm prints, I have observed a major Flexion Crease may indicate that Directional Orientation of our Judging Function is thriving in our hands!</p>
<p>Kelly Magowan</p> 	<p>Connections between Type, PQ Mental Fitness and Better Relationships</p> <p>The theory of Positive Intelligences and our Saboteurs will be shared. Kelly will take you through the fundamentals of the PQ tool and highlight what she has found using it with coaching clients and teams in terms of MBTI types and saboteur profiles. We will allow for a group Q&A.</p> <p>My work with coaching clients and teams I have found the MBTI and PQ complementary in growing people's level of self-awareness around their strengths, saboteurs and positive user-friendly strategies to focus their energy and thinking to develop better relationships with themselves and others.</p> <p>The theory of Positive Intelligences and our Saboteurs will be shared. Kelly will take you through the fundamentals of the PQ tool and highlight what she has found using it with coaching clients and teams in terms of MBTI® types and saboteur profiles. We will allow for a group Q&A to explore Type and the Saboteurs looking at similarities, differences and how it can enhance type work. Attendees will be asked to complete a free online Saboteur Assessment.</p>	<p>I am a passionate and experienced Executive & Career Coach. With a background in HR & Training developed within commercial recruitment agencies, corporations, GE & EY & the educational sector with Melbourne Business School (MBS), University of Melbourne. In 2017 I co-established Diversitas, a consultancy focused on developing successful leaders, high functioning teams & meaningful professional careers through coaching & training programs.</p>

Presenter

Session

Presenter Bio

Andrew Mountford



Lurking in the Shadows: Who's in control of Showtime! Exploring the emergence of the 'inferior 4th'

This session will present a summary of literature drawn from AusAPT's Type Research and Practice Collection on the fourth or 'inferior' function. It will compare propositions from various sources against data accumulated from interviews with a cohort of Type-aware people.

The received wisdom of Type practice and understanding is that the dominant and auxiliary functions emerge in order from the early years and then into adolescence. The second auxiliary, or tertiary function is said to develop in a healthy Type any time from the early 20s to the mid-30s. This session will explore the proposition that the utility of the fourth or 'inferior' function can be developed in much the same way.

Much writing on Type development would seem to indicate that this is the case. Is the fourth or 'inferior' function always developed at mid-life – mid-30s to mid-50s, for example? What is the evidence that it is a healthy outcome following the resolution of a so-called 'mid-life crisis?' And if the development task is now complete, how do Type preferences play out beyond mid-life? The session will pose questions for participant reflection and brief discussion.

Andrew Mountford served as Secretary and President of AusAPT between 2013 and 2022. He has recently retired from work outside the home after a consulting career spanning 40 years. He has worked as a trainer, coach and facilitator in Australia and internationally. Clients ranged from community groups to large corporates – in Australia and Europe. In 2020, as the Covid 19 pandemic arrived in Victoria, Andrew and his partner Liz moved down from Melbourne to live in the beautiful coastal town of Portarlington on the Bellarine Peninsula.

Saturday 2 September

Clare Ayers






Moving through the Shadow of Grief to the Showtime of Living Again

Grief and Loss are normal to life. It happens to us all. Choosing to grieve well helps move us from the shadows back into the light. Type offers very helpful insights into what we can do and not do to help ourselves and others through the grieving journey into healing and growth.

Understanding how Type can help us grieve well is another gift type offers. In this session we will look briefly at what grief is. We will then focus on what different type preferences need in their grieving to help them emerge from it well. It will be an interactive workshop. You will come away from this session having deeper understanding of your own grief as well as a deeper understanding of how to support others through their grief.

Clare (ENFP) is a qualified Life & Business Coach - for 20 years now - previously worked as a Family Support Worker in a Hospice. She has been a Funeral Celebrant focusing on supporting the grieving families. Having done extensive research over many years on what people of differing psychological types need to grieve well, Clare has specialised in the field of understanding grief and loss. She presents workshops to a variety of participants as well as work with individuals.

<p>Meredith Fuller</p> 	<p>A Trauma based Exploration of Type and Family Violence How our TYPE understanding may inform the need for a 3-pronged trauma based simultaneous approach to family violence for everyone. Participant Pre-work required: Please View Mystical Dog Productions multi-international award winning www.home-truths.com.au 30 minute film Why we need three (3) simultaneous interventions, REMEDIAL / EDUCATIVE / PREVENTATIVE Are there Type preferences of perpetrators who ARE MORE LIKELY TO commit murder; &/or familicide & suicide; and why & when? I will outline 3 types of Perpetrators: 1. Coercive Controller + Narcissistic, + Psychopathic to potential killer 2. Disengaged Container (hardest to spot as being dangerous) 3. CLUSTER Anyone + addictions + mental/physical illness Session format includes discussion of research, some personal stories, some video clips, tables and advice from my Practitioner e-book accompanying Mystical Dog Productions www.home-truths.com.au for Identifying psycho-social TYPE risk and Preventative Steps for professionals and practitioners, and dispelling MYTHS eg: <i>'Why doesn't she just leave?'</i>, <i>'Children are resilient and forget/quickly get over family violence'</i></p>	<p>Meredith Fuller (INFP) OAM, psychologist, author, & Life Member of AusAPT has used TYPE for over 34 years in private practice, for individual careers counselling and organisation consulting. Joining AusAPT since its inception, Meredith has been presenting workshops since the first conference, and has had regular articles published throughout Phil Kerr's editorship of the Australian Type Review. She has been a keynote speaker and has also sometimes partnered with colleagues for Zoom conferences.</p>
<p>Jane Kise</p> 	<p>Mindfulness for All Types Meditation and breathing are popular mindfulness tools but they present different struggles and opportunities for different types. Come and try other strategies, explore the value of mindfulness, walk away with new strategies for yourself, clients, or family--and have some fun! Mindfulness can be succinctly defined as staying in the present moment. With that description alone, one can surmise that mindfulness is more natural for some personality types than for others! In this workshop, participants will -- Hear a very brief description of mindfulness and its research-based importance -- Discuss positive and negative experiences with mindfulness practices -- Sample several short mindfulness exercises--one for each of the eight dominant type functions. -- Reflect on which are easiest, which are harder but might provide more insights, and which they hope to never try again! -- Debrief via research on what is known about type connections to spiritual (not religious) experiences</p>	<p>Jane Kise, Ed.D., is the author of over 25 books and an organizational consultant. She specializes in leadership development, instructional coaching, differentiated instruction, and building collaborative teams. A past president of APTi, she is certified in MBTI Steps I, II, and III, and many other instruments. A frequent speaker, she has keynoted at education and type conferences across North America and in Europe, Saudi Arabia, Australia and New Zealand</p>
<p>Mary McGuiness Keynote Speaker</p> 	<p>Elvis Presley: Exploring the 8 Jungian Functions and Type Development Explore the life and music of Elvis Presley, his use of the 8 Jungian functions and type development. We will use the work of Gary & Margaret Hartzler to look at differences between poorly developed and well-developed functions. Enjoy glimpses of the life and music of Elvis Presley as we explore the 8 Jungian functions and the process of personality development. Type theory tells us that we can use all the 8 Jungian functions (cognitive processes), but each type prefers certain functions and struggles to use and develop the others. Gary and Margaret Hartzler in Functions of Type list several skills associated with each of the 8 functions. These skills illustrate why a poorly developed function will be expressed differently to a function that is well developed. By looking at evidence from Elvis's life, his music and his own words we will try to identify how he used each function, how his use of the functions changed over time, and how the changes were reflected in his music. And we will use the opportunity to reflect briefly on our own use of each function. This session will include theory, storytelling, some brief interaction and reflection, film and, of course music!</p>	<p>Mary McGuiness ENFP has 30 years' experience teaching personality theory and training professionals to use the MBTI and MajorsPTI. She is founding Director of the Institute for Type Development, est.1986, providing advanced training for type professionals and consulting to organisations. Mary served for 10 years on the National Committee of AusAPT, with two years as President. She has published several books and resources on personality, including the best seller <i>You've Got Personality</i>. In 2006 Mary received a Life Membership Award from AusAPT.</p>