



## AusAPT 2022 Time & Tide: Traditions and Trends in Type – Presenters and Sessions in Detail

Day 1 – Friday 7 October (All times AEDT: Sydney/Melbourne) [Check your local time](#) All sessions recorded.

Time	Presenter	Session Description
5:15 – 6:15pm KEYNOTE	<p><b>Dario Nardi</b> Dario Nardi, Ph.D. focuses on neuroscience, personality, and body-mind practices. His books and training materials include Neuroscience of Personality, Jung on Yoga, The Magic Diamond, and many others. He uses EEG for brain-imaging and created the CPA, a highly validated assessment of the 8 Jungian functions. For more info, visit <a href="http://www.DarioNardi.com">www.DarioNardi.com</a>, <a href="http://www.RadianceHouse.com">www.RadianceHouse.com</a>, and for articles, handouts and ebooks, <a href="https://my.sharedbook.com/serve/nm/radiancehouse/marketplace/">https://my.sharedbook.com/serve/nm/radiancehouse/marketplace/</a></p>	<p><b>Managing Energy</b> How can we better manage energy? We will address this question several ways. First, our tertiary function is a "neurotic boundary" area that needs care. Second, our favorite perceiving function plays a major role. And third is the "yin" side of our inferior function. Includes handouts.</p>
6:30- 7:30pm CONCURRENT	<p><b>Catherine Stothart</b> Catherine Stothart is a Leadership Coach with 30 years' experience in top multi-national companies - currently Airbus and Google. She uses personality type in her work and brings the best thinking about communication and motivation to a wider audience in a way that makes it usable and actionable. Her 2018 book, published by Pearson, How to Get On with Anyone, is based on Interaction Styles. Her second book, Motivation: The Ultimate Guide to Leading your Team, published by Routledge, comes out in 2022 and is based on temperament.</p>	<p><b>Temperament: Tradition or Trend? Bringing Temperament up to date for 21<sup>st</sup> Century Leaders</b> Find out how you can apply temperament theory and practice to build the key leadership capabilities to meet the needs of 21st century teams. In this session Catherine will share a practical framework for leaders to engage, develop, delegate to, and connect with their teams.</p>
6:30- 7:30pm CONCURRENT	<p><b>Teodora Paucean</b> Teodora Paucean is a personal development coach and trainer with a focus on self-discovery and self-awareness. She has spent the last 10 years learning about the human mind from different perspectives, both academically and experientially.</p>	<p><b>Cognitive Functions and Enneagram: Complementary Power</b> This session promotes the usage of type (cognitive functions) and Enneagram together, as two systems that can complement each other beautifully in the process of improving emotional well-being, as well as relational and professional satisfaction.</p>



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7:45-8:45pm CONCURRENT	<p><b>Angelina Bennet</b> Angelina is a Chartered Occupational Psychologist and specializes in developing individuals through personality work. She has an occupational psychology business in the UK offering coaching, development and assessment. She also provides type qualification training through Type Pro Ltd. Her other areas of interest centre around people development include transpersonal coaching and the Enneagram. She is a past President of BAPT and the author of ‘The Shadows of Type - Psychological Type through Seven Levels of Development.’</p>	<p><b>Midlife Development: A Crisis? A Crash? Or a Cruise?</b> Midlife is a time when many of us take stock of our life and think about what we want for our future. In this session we will review theories of midlife from the type perspective, consider the possible accelerating impact of the pandemic, and consider how to craft the life we want for ourselves.</p>
7:45-8:45pm CONCURRENT	<p><b>Richard Owen</b> BAPT Treasurer Richard Owen is an organisational psychologist and coach based in Brighton, UK. A broad theorist of Type: from Jung to MBTI®, to the depth typology of Dr John Beebe. Richard’s Personality Parts™ model aims to uniquely integrate these &amp; many other perspectives.</p>	<p><b>Against the Tide: Repositioning the 8 Functions in Psychology</b> For both to be valid, surely type and mainstream psychology are talking about the same ideas and concepts, just in different ways with different names? Richard explores some analogous concepts from cognitive psychology and other areas that could help us reinterpret Jung's 8 functions.</p>



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### Day 2 - Saturday 8 October (All times are AEDT: Sydney/Melbourne)

Time	Presenter	Session Description
9:00 - 10:00am KEYNOTE	<b>Sue Blair</b> Sue has been working with psychological type for 20 years. She is an international presenter and keynote speaker, as well as a qualified MBTI practitioner and adult educator. She is the author of The Personality Puzzle coaching cards, now used worldwide by coaches and counsellors. She has taught thousands of teachers, parents, students and businesses about the importance of self-awareness and communication. Sue is the recipient of the APTi 2015 Gordon Lawrence Award. This award recognises an outstanding achievement to the field of education.	<b>Type in Tandem: The Magical Alchemy of Connecting Opposing Functions</b> Pivoting is a skill we have all had to master over the past two years. Many of us have had plenty of time for introspection. This gift of time has lead many of us to ask questions. Lots of them! This session explores how we can integrate the perceiving functions to find the wisdom we need.
10:15 - 11:15am CONCURRENT	<b>Sterling Bates</b> Sterling's combination of technology, mathematics, business, marketing, OD and psychological type led him to found Step Research, a psychology software company. Previously at Disney for 13 years in IT and Marketing; and on the APTi board for 4 years.	<b>Underutilized Oppositions in the Lenses We Use: Essential Motivators and Interaction Styles</b> Get everything you need for an underutilized resource in the world of psychological type, the 6 dynamics from Essential Motivators (Temperament) and Interaction Styles. Leverage them across best-fit, communication, workplace problems, delegation, Situational Leadership®, and relationship issues.
10:15- 11:15am CONCURRENT	<b>Sharon Lovoy</b> Sharon Lovoy, SPHR, is the founder of Lovoy's Team Works, Inc. which has over 400 clients. Sharon is an experienced HR consultant, Executive Coach. Master Trainer in Crucial Conversations, Mediator, and Author. She has successfully made Type a part of her clients' cultures. Some of her clients include Mercedes Benz, USI; Brose; B.L. Harbert International; and Somp International. She works with clients in manufacturing, health, higher education, utilities, associations, nonprofits, financial services, government, high tech, and services.	<b>Making and Keeping Type in the Conversation</b> Type is losing ground in the corporate setting and less than 50% of those who are certified buy Type related materials. As Type Practitioners, we must be dedicated to keeping Type relevant. Sharon Lovoy reveals the practical steps in her strategy for keeping Type relevant.



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11:15am - 12:45pm CONCURRENT	<p><b>Ian Ball</b> Ian is a retired Associate Professor from Deakin University. His specialisations were Psychology and Education. He is a Life Member of AusAPT and also a Fellow of the Australian Psychological Society.</p>	<p><b>Type and Music Preferences</b> There are many reasons why particular pieces of music attract us and why we go back to those preferences. We will listen to and rate several musical excerpts from the categories of Mellow, Unpretentious, Sophisticated, Intense and Contemporary, (the MUSIC model) on a scale from Love it! to Turn it off!</p>
11:45am - 12:45pm CONCURRENT	<p><b>Mary McGuiness</b> Mary McGuiness ENFP has 30 years' experience teaching personality theory and training professionals to use the MBTI instrument and MajorsPTI. Mary offers certification in the MajorsPTI and Step II and applications of type theory. She is Director of the Institute for Type Development, a national training organisation established in 1986. Mary served on the National Committee of AusAPT for 10 years, with two years as National President. She is author of several books and resources including the best-seller <i>You've Got Personality</i>.</p>	<p><b>Work-Life Balance, Stress and the Process of Individuation</b> Carl Jung described individuation as growth towards wholeness, to be our most creative selves. Constant stress can inhibit growth. Finding work-life balance is important to reduce stress and promote growth. We will look at several 'best practices' that will reduce stress and ideas to promote growth.</p>
1:30-2:30pm KEYNOTE	<p><b>Susan Nash</b> Susan Nash is owner of EM-Power a consulting firm which provides organizational development and training services to help businesses achieve results through optimization of people. EM-Power has been in business for 25 years. Susan Nash is author of <i>Flawless Facilitation</i> (published in 2019) as well as 11 other books 9 of which relate to personality type.) Susan is past president of APTi, winner of the APTi 2017 President's award and author of the Global Trainer Certification program, winner of a Branden Hall Gold Award.</p>	<p><b>Traditions and Trends in Delivering Type Learning Events</b> This unique session will show how we can combine virtual and in-person sessions to create more effective type learning experiences. Be prepared to experience blended learning in action using a variety of virtual tools and practical activities.</p>



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2:45-3:45pm CONCURRENT	<p><b>Peter Geyer</b> Peter Geyer (INTP) has been presenting, researching, thinking and writing about psychological type and related ideas for over 30 years. He has conducted authorised and advanced courses on the MBTI and Majors instruments and consulted, taught and trained groups, organisations and tertiary institutions in Australia and elsewhere. Peter has contributed to publications in Australia (editing at one point), the USA and the UK. An AusAPT Life Member and APTi Lifetime Member, Peter is currently Custodian of AusAPT's Type Research &amp; Practice Collection.</p>	<p><b>C. G. Jung's Rational and Irrational Types: a presentation and a discussion</b> C.G. Jung arranged his typology in a different way to what appears emphasised in current models and interpretations. This session presents its core aspects, aiming to both discover and discuss his intent and perspective as well as what insights can be gained from his approach.</p>
2:45 – 3:45pm CONCURRENT	<p><b>Harumi Gondo</b> Harumi Gondo was certified in MBTI in 2013 and began training others in Type the day after she was certified. She has over 8000 hours of training experience. She established a type-based community in Japan and founded a company that runs trainings for companies.</p>	<p><b>Creating a Type Community &amp; Business in Japan: How I went from charging 100 to 100,000 yen a session</b> Harumi Gondo will share her experience in building a growth-based Type community and how she as an ENFJ avoided poverty and poor health to achieving a six-figure income through knowing and developing her Type.</p>
4:15 – 5:15pm KEYNOTE	<p><b>Mary McGuiness</b> Mary McGuiness ENFP has 30 years' experience teaching personality theory and training professionals to use the MBTI instrument and MajorsPTI. Mary offers certification in the MajorsPTI and Step II and applications of type theory. She is Director of the Institute for Type Development, a national training organisation established in 1986. Mary served on the National Committee of AusAPT for 10 years, with two years as National President. She is author of several books and resources including the best-seller <i>You've Got Personality</i>.</p>	<p><b>The Early Days of Psychological Type and AusAPT in Australia</b> An overview of the people, events and struggles that were part of the type community in the latter part of last century. Hear stories about the spread of type in Australia and the beginning of AusAPT. Who were the pioneers? What outside influences shaped our history? How have things changed?</p>



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### Day 3 Sunday 9 October (All times are AEDT: Sydney/Melbourne)

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9:00 – 10:00am CONCURRENT	<p><b>Joyce Meng</b> Joyce is a multi-disciplined typology practitioner, coach and profiler, and the founder of TypeTalks. As a certified MBTI® Master practitioner, Enneagram coach, master NLP practitioner, and certified Gallup® CliftonStrengths coach, Joyce entered the world of typology and coaching to fulfill her love for helping others and her passion for psychology. Her business was founded upon the community of type enthusiasts she created through her YouTube channel, TypeTalks. To learn more, here is a link to her YT channel: <a href="https://youtube.com/c/JoyceMeng22">youtube.com/c/JoyceMeng22</a></p>	<p><b>The Most Common Enneagram Types of Each MBTI Type   How the Enneagram Intersects with the 16 Types</b> A current trend in the MBTI community is the heavy incorporation of the Enneagram. Attend to learn more about why it is becoming a trend in the MBTI community to combine these two systems together and what the most common 16 types and Enneagram combinations are.</p>
9:00 – 10:00am CONCURRENT	<p><b>Vicky Jo Varner</b> Dr. Vicky Jo Varner holds a PhD in Depth Psychology with an emphasis on Jungian and Archetypal Studies. An MBTI Master Practitioner and certified Life Coach, she is ranked as a Professional Certified Coach (PCC) with the International Coach Federation. She is a certified Interactive Guided Imagery and Symbolon Reflection practitioner; she successfully taught Jung’s Structure of the Psyche to graduate students at the University of Philosophical Research in Los Angeles. Find more at <a href="http://DrVickyJo.com">DrVickyJo.com</a></p>	<p><b>The Trimorphic Ethoi of Psychological Types</b> Psychological Types is normally presented as a singular idea but there are actually three prevalent perspectives, or ethoi, in conveying the types. This academic session combines cutting-edge content with interactive exercises to help attendees experience and appreciate each of them.</p>
10:15am – 11:15pm KEYNOTE	<p><b>Brian Lawrence</b> Brian Lawrence, BPsych(Hons), MSc (Org Psych), PGDipEd, is a certified coach and facilitator specializing in the field of Leadership and Team Development. He is an MBTI Master Trainer and a Type Coach professional. He has been using personality type in his professional work for the last 13 years and loves creating new and innovative ways of engaging his audience through the use of games. His latest programme is called Dancing with Your Inner Wolves.</p>	<p><b>Type For All: Making Awareness of Personality Type Ubiquitous</b> How do we make Type more ubiquitous? Competing with the myriad self-awareness products, how do we attract more enthusiasts to accreditation programmes and interest groups? The outcome will be a set of practical strategies that Practitioners can use to re-ignite the enthusiasm for Personality Type in the world.</p>