

AusAPT Online 2021 Talking Type Together – Presenters and Sessions in Detail

Day 1 – Friday 10 November (All times are AEDT: Sydney/Melbourne)

Time	Presenter	Session Description
5:15pm-6:15pm PLENARY	<p>Sue Blair Sue has been working with psychological type for 20 years. She is an international presenter and keynote speaker, as well as a qualified MBTI practitioner and adult educator. She is the author of The Personality Puzzle coaching cards, now used worldwide by coaches and counsellors. She has taught thousands of teachers, parents, students and businesses about the importance of self-awareness and communication. Sue is the recipient of the APTi 2015 Gordon Lawrence Award. This award recognises an outstanding achievement to the field of education</p>	<p>Goldilocks and the 8 Cognitive Processes Assumption: The perfect human being has not yet been created. So, how, why and where do we go wrong and what can we do about it? We will take a look at each of the cognitive processes and then suggest ways we can use each of them 'too much', 'too little' and 'just right'.</p>
6:30-7:30pm DUAL	<p>Katherine W Hirsh Dr Katherine W Hirsh is co-founder of Hirshworks, a source of information and inspiration for all things type-related; and a principal in Step Research. As a thought leader, Katherine is devoted to working with clients worldwide to improve performance, increase engagement and foster development. Type has entranced her for over thirty years. Katherine lives in Germany and works globally, consulting with clients to build leadership, teamwork and decision-making skills, promote a growth mindset and increase personal and professional satisfaction.</p>	<p>Mindset Shift–Evolving Our Conversations About Individuation We will explore how changing our mindset and reframing Jung’s concept of individuation in terms of "Why not?" "What makes it meaningful for me?" and "What opportunities for growth do I see?" can make type interventions more interesting, more effective and longer lasting.</p>
6:30-7:30pm DUAL	<p>Catherine Stothart Catherine Stothart is a Leadership Coach with Airbus and a partner in Google’s Mastery Faculty of virtual facilitators. She has coached and trained hundreds of managers in the private sector to develop their leadership and communication skills. She also works with schools and colleges. Catherine is the author of "How to Get On with Anyone", (2018, Pearson) – based on Interaction Styles, it’s a guide to building better relationships with others. She is a Fellow of the CIPD, has an MSc, and is currently BAPT’s Director of Events.</p>	<p>Motivation in the Age of Uncertainty Feeling motivated is an essential part of mental health and well-being. Catherine connects temperament theory to academic theories of motivation. This creates a powerful combination for practical action to sustain our motivation and well-being in our uncertain world.</p>

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7:45-8:45pm DUAL	Angelina Bennet Angelina is a Chartered Occupational Psychologist and Director of Type Pro, a Type practitioner's training organisation, with over 20 years' experience with Type. She is the author of The Shadows of Type: Psychological Type over seven Levels of Development and is considered to be a thought-leader in the development of Type theory. Angelina has presented at many UK and International Type Conferences including BAPT, EAPT, APTi and AusApt. She was the President of the British Association for Psychological Type (BAPT) from 2011-2017.	Friend or foe? The Inferior Function The inferior function is one of the most interesting aspects of our psyche. In addition to having a role in the well-known stress or 'Grip' experience, it has a variety of other roles in our every day lives - some helpful and restorative, some restrictive and destructive.
7:45-8:45pm DUAL	Richard Owen BAPT Treasurer Richard Owen is an organisational psychologist and coach based in Brighton, UK. A broad theorist of Type: from Jung to MBTI®, to the depth typology of Dr John Beebe. Richard's Personality Parts™ model aims to uniquely integrate these and many other perspectives.	Talking Theory Together With a divergence of type theory between Jung, MBTI and many individual experts in the field, is there a way to create a cohesive revised narrative to carry type forward into its second century? Richard discusses several key issues in type theory and some proposed solutions.

Day 2 - Saturday 13 November

Time	Presenter	Session Description
9:00-10:00am AEDT PLENARY	Dario Nardi Dario Nardi, Ph.D. is a renowned author and researcher in neuroscience, personality, and body-mind practices. He won Distinguished Teacher of the year in 2011 while at UCLA. His books include Neuroscience of Personality, 8 Keys to Self-Leadership, Jung on Yoga, The Magic Diamond, and other titles. He created the Personality Types iPhone app and the Cognitive Processes Assessment of 8 Jungian functions. Since 2006, Dario has conducted hands-on brain research, utilizing insights of real-time EEG technology. Dario was certified in type since 1994.	Four Flavors of Type We explore 4 flavors of the types, based on neuroscience, careers, and other data. Are you more the Dominant, Creative, Normalizing or Harmonizing flavor of your type? And your clients? Knowing the flavors helps get past type stereotypes to best-fit type and career advice.
10:15-11:15am	Susan Nash	Talking Type Virtually!

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AEDT DUAL	Susan Nash is a professional type expert and author of 12 books with over 25 years experience working with type. Susan specializes in helping individuals, businesses and teams to apply type knowledge in raising individual awareness, building leadership effectiveness and improving organizational productivity.	In this interactive session, Susan will explore how to use technology to facilitate virtual type workshops, coach remotely, and build type community. Susan will share best practices for talking type virtually, gathered from her work with a wide range of global organizations
10:15- 11:15am AEDT DUAL	<p>David Pool</p> <p>David Pool has a Bachelors degree in psychology and multiple type certifications. He is enrolled in the Depth, Jungian and Archetypal studies doctoral program at Pacifica Graduate Institute in Carpinteria California. This viewpoint into Jungian studies, the Type community, and mainstream academia grounds David's viewpoint in three separate disciplines. David's thesis is that an underlying psyche stands at the center of these three streams, his mission is to unite the different approaches while exercising a critical analytical approach</p>	<p>From Type to Psyche, Self and Soul</p> <p>Psyche, self, and soul are all aspects of Psychological Type according to Carl Jung. Typological classification into categories can be accomplished based on Jung's model of the psyche. How do these ideas relate? How do Jungian PhD programs frame these issues? Come find out!</p>
11:45am - 12:45pm AEDT PLENARY	<p>Roger Pearman</p> <p>Managing Partner, TalentTelligent, LLC; Researcher, Writer, and Practitioner of psychological type; Past President APTI; former Qualifying/Certifying Faculty for APTi and www.qualifying.org; Books and materials: I'm Not Crazy, I'm Just Not You; YOU: Being More Effective in Your MBTI Type; Introduction to Type and Emotional Intelligence; People Skills Handbook: Action Tips for Improving Your Emotional Intelligence; Pearman Personality Integrator (Published by MHS, Inc); Career Roadblock Finder (published by HRDQ).</p>	<p>Type Development: 10 things you must do if you are serious</p> <p>Type development is about knowing your type pattern and being able to identify and access those functions on which you don't regularly rely. While identifying these functions (Si, Se, Ni, Ne, Ti, Te, Fi, Fe) is cognitively easy, accessing and using them requires more work.</p>
1:30- 2:30pm AEDT DUAL	<p>Fusae Harada</p> <p>Fusae Harada is an author, life coach, counsellor, and co-founding director of ICET (Inter-Cultural Education Today), an industry-recognised specialised program for Japanese students studying in Australia. Over thirty years she has worked with hundreds of students and parents, establishing a unique education program focused on language learning, as well as cultural understanding and personal development. Her coaching seminars guide families in strengthening their relationships and building happiness, especially with teenagers.</p>	<p>Type Development and Spirituality of Japanese Culture</p> <p>Japanese culture is considered unique. But what makes it so? And what insights can typology provide about the character and historical development of this unique culture?</p>

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1:30-2:30pm AEDT DUAL	<p>Tim Van Milligan Tim Van Milligan (ISTJ) is a business owner, entrepreneur and conference speaker based out of Colorado Springs, Colorado, USA. He is also an author of several books on copywriting and marketing, including the books: “Selling by Personality Type,” “Emotional Copywriting Revealed,” and “Selling Yourself: Advanced Strategies for Landing Your Dream Job.” He endorses the practical application of personality temperament to the world of sales and marketing, showing how to meet the customer’s needs by engaging their natural personality.</p>	<p>Increasing your Sales using Personality Type Ever consider using personality to help you sell more? Learn the step-by-step process of rapid typing and then adjusting your conversation to the temperament of your prospect. Also discover how to generate quick rapport, and the role that emotions play in the sales</p>
2:45 – 3:45pm AEDT PLENARY	<p>Mary McGuinness Mary McGuinness ENFP has 30 years experience teaching personality theory and training professionals to use the MBTI instrument and the MajorsPTI. She currently offers certification in the MajorsPTI instrument. Mary is Director of the Institute for Type Development, a national training organisation established in 1986. She served on the National Committee of AusAPT for 10 years, with two years as National President. Mary is author of several books and resources including the best-seller, You've Got Personality, and is a regular speaker.</p>	<p>Stress and Resilience in the World of Covid-19 Over the past 18 months Covid-19 has impacted on every aspect of our lives. Type theory suggests that each type will experience the stress differently and will respond differently. Let's explore the changes to see if personality type really does make a difference.</p>
4:15 – 5:15pm AEDT DUAL	<p>Peter Geyer Peter Geyer has thought about type for over 30 years, researching, writing, presenting, teaching, training and advising in that time. He is a former MBTI and Majors accrediter and consultant, an occasional university lecturer/tutor on type themes, has been a columnist for AusAPT publications, contributed to Typeface and the APTi Bulletin and was an APTi Research and Theory Consultant. Now retired he is the custodian of the Type Research and Practice Collection, an archive and library on behalf of AusAPT.</p>	<p>Musings around Psychological Type: a personal perambulation Musings around C.G. Jung's typology, from what he said, to what others have made of it, whether as model, application or label, including criticism and other claims.</p>
4:15 – 5:15pm AEDT DUAL	<p>Vicky Jo Varner As an individuation coach, certified PCC by the International Coach Federation, Dr. Vicky Jo enjoys coaching people to identify and develop their natural typological strengths. With her PhD in Depth Psychology, she teaches Jung’s work at L.A.’s Philosophical Research Society.</p>	<p>Gottman, Beebe and Jung – Some correlations Join Dr. Vicky Jo in an experiential session exploring the correlations between John Gottman’s contemporary research into relationships, John Beebe’s model, and Jung’s archetypes. Bring paper and a few art supplies (nothing fancy).</p>

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Day 3 Sunday 14 November

Time	Presenter	Session Description
9:00 – 10:00am AEDT DUAL	<p>Meredith Fuller, Gunilla Burrowes & Mark Toner</p> <p>AusAPT Life Member Meredith Fuller is a psychologist and author with 35 years using Type, including the design and implementation of early accreditation training. Meredith has experience with transitioning and transgender clients and her psychologist step-uncle came from Holland to conduct the first 'gender reassignment clinic' in 1960's Melbourne.</p> <p>Gunilla Burrowes is an electrical engineer with a broad range of industry and academic experience and is passionate about workplaces becoming more inclusive. She co-founded Gender Matters with Mark Toner 10 years ago which provides advice to organisations on gender issues and inclusive practices. Gunilla is an accredited Myers Briggs trainer.</p> <p>Mark Toner has an engineering, science and IT background. A former CEO of an Australian engineering company, he has been a company director and management consultant for more than 20 years. An accredited Myers Briggs trainer, his interests cover mitigation of unconscious and conscious bias and working with Gunilla and Meredith on gender issues.</p>	<p>Type and Transgender: Any relationships or implications?</p> <p>How do workplaces become more gender neutral and more inclusive of all staff, ensuring respect for gender diversity and equality? This session will explore, through 3 case studies, transgender identity and Type, and discuss implications on an individual's career development.</p>
9:00 – 10:00am AEDT DUAL	<p>Kesstan Blandin & Yvonne Nelson-Reid</p> <p>Kesstan Blandin, PhD is the VP, Research & Development for the Center for Applications of Psychological Type in Gainesville FL, where she oversees research for Jungian assessments on type (MBTI/MMTIC) and archetype (PMAI). For several years, Kesstan was an academic professor and researcher in a graduate psychology program at Pacifica Graduate Institute in CA and at the Dartmouth Centers for Health & Aging in NH. She has published on psychological type, archetypes, and dementia.</p> <p>Yvonne Nelson-Reid, PhD, is the Senior Development Associate at the Center for Applications of Psychological Type (CAPT®), a mother of 5, writer, teacher, depth psychologist – Jungian and archetypal studies (MA, PhD), and career coach. Yvonne's MA in Educational Research focused on Jungian theory where her thesis explored insights into the MBTI® assessment. As a certified MBTI® (master practitioner) and certified MMTIC® professional, she uses typology as a tool for helping others understand differences and communicate more effectively.</p>	<p>Archetype & Type</p> <p>An analysis of where the concepts of archetype and psychological type converge and diverge through Jungian and type theorists and data from a large empirical study with the Myers-Briggs Type Indicator and the Pearson-Marr Type Indicator.</p>

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<p>10:15 – 11:15am DUAL</p>	<p>Katie Jones Katie is a MBTI Master Practitioner, coaching teams and leaders for 10 years. After earning two graduate degrees from Columbia University, teaching, leading high-performing teams, and working in the non-profit education space, Katie founded KJ Consulting Group, which continues to serve local and national organizations across the U.S. To support an ever-changing world as we navigate the pandemic, in 2020 Katie created the Myers Briggs: Beyond the Letters course, as well as a Mind-Body Journal to help navigate stress using mind-body connections.</p>	<p>MBTI & Stress: Your type and mind-body connections Our minds and bodies are intricately connected, and our brain’s job is to keep us alive. In this interactive workshop, we will use an understanding of both MBTI and research about mind-body connections, to better understand unique stressors and ways to respond to stress.</p>
<p>10:15 – 11:15am DUAL</p>	<p>Joe Arrigo Joe Arrigo is a newbie to the professional Type space. What started as a mild interest exploded into an obsession and a coaching business. His goal is to help people find their place in the world by bringing clarity to their personality type. If it can impact a stubborn INTJ like himself, it can certainly do the same for others. He resides primarily on LinkedIn and YouTube, and tries to bridge the gap between the Old Guard and New Guard of type.</p>	<p>A Young Type Coach’s Journey A new MBTI coach shares his perspectives, lessons, misconceptions, and insights from his first year. -What is missing in Type currently? -Where does the new generation of enthusiasts reside? -Where do we apply it now?</p>
<p>11:45am – 12:45pm DUAL</p>	<p>Sterling Bates Sterling has worked with personality and social psychology both personally and professionally for more than fifteen years. Originally a mathematics and IT professional, he founded and now runs Step Research, a research and development benefit corporation that takes the best from psychology and uses software technology to empower people and their relationships. He is a proud member of the International Association of Psychological Type and served on the Board of Directors for 4 years.</p>	<p>Talking Type Together with Your Vital Relationships Scientific studies show the biggest impact on life satisfaction, happiness, and health outcomes is our vital relationships. Which models are great for relationships? You will get tools and tips to use different models to help your relationships and help those you care about.</p>
<p>11:45am – 12:45pm DUAL</p>	<p>Isabelle Peyrichoux Isabelle Peyrichoux is a Career Reinvention Coach for high-achieving professionals. She has helped hundreds of professionals and managers discover their next dream career. After a first career in the tech industry, Isabelle founded Brilliant Seeds to pursue her calling. Certified in MBTI and in the InterStrength CORE Approach with Linda Berens, she has been using her in-depth knowledge of Type in her work for the past 12 years. She has created an approach to career reinvention that goes beyond the limitations of traditional career counseling.</p>	<p>Using Type to Unlock Yours and Others' Career Calling Discover a unique framework using Type to effectively support career reinvention and career calling discovery. You will learn how to apply this framework to your own career development as well as how to apply these methods for the facilitation of career reinvention.</p>

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1:15 – 2:15pm PLENARY	Joel Mark Witt & Antonia Dodge Joel Mark Witt and Antonia Dodge are authors, podcasters, entrepreneurs, personal development coaches, and personality typology experts who have consulted with companies like Amazon, Zappos, Oracle, American Express, CNN, and many others. Joel and Antonia also host the popular Personality Hacker podcast. Each episode is a conversation that helps you create awareness around how you are wired, gives you permission to be who you truly are, and design a custom personal growth path for your life. They live in the United States.	Sharing Your Type Knowledge In A Podcasting & YouTube World How do we preserve accurate type knowledge while adapting to the changing new media landscape? Joel & Antonia lean into their 8+ years as podcasters to showcase ideas you can use in your practice whether you are just getting started or have been teaching type for decades.
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