

Advanced Professional Training in Psychological Type... 2019

Using Psychological Type in Coaching

- for Personal and Professional Development 1 day

Are you considering working as a personal trainer or workplace coach? Do you want to explore how type theory can be used effectively in coaching? This workshop is designed for professionals who want to use their knowledge of type theory to coach individuals in a personal or professional context. It is particularly suitable for workplace coaches, academic coaches, lifestyle coaches, personal trainers, supervisors and managers. It is also appropriate for counsellors - We will look at the difference between coaching and counselling, and how and where type theory is useful. This is a practical workshop focusing on **how to help your clients**

improve their performance and build Resilience.

Topics include

- when and how to use Type theory
- some useful instruments and resources
- the role of the Dominant and Inferior functions
- how to work with people at different life-stages
- coaching people at mid-life
- coaching executives
- using the Majors Step II instrument in coaching
- Bring along any cases you wish to discuss.

AdXMi 'dc/ Alexandria, Sydney

9Vi Z/ October 16, 2019 (9am-5pm)

Fee: \$340

Bonus: Register for this course and the MajorsPT Elements (Step II) & receive a \$50 discount

Ndj flkZ < di 'EZghdcVaf n''

An Introduction to the 16 Personality Types

For beginners! Learn about the personality types described by Carl Jung and Isabel Briggs Myers. Identify your own personality type; and explore how personality influences everyday behaviour including communication, stress, career choice, decision-making and learning.

; ZZ/\$90 'cXj YZhfj Zhi 'dcccVgZ VcY VVdd' #'

EZch'dcZg'XdcXZhdchVkv'AWZ''

Please enquire about dates and locations

In-house programs are available in any location.



About the presenter

Mary McGuiness ENFP has more than 25 years' experience teaching personality theory and training professionals to use the Myers-Briggs Type Indicator and the MajorsPTI. Mary is the founding Director of the Institute for Type Development, a national training organisation established in 1986. She served on the National Committee of the Australian Association for Psychological Type for 10 years, with two years as National President. Mary is author of several books and resources including the best-seller, *You've Got Personality*, and is a regular speaker at national and international conferences. For more information: www.itd.net.au

Games Personalities Play -

Transforming Dysfunctional Behaviour

9 nhj cXi 'dcVá WZ] Vk'dj g] Vh' V' cZ\Vi kZ' 'b eVXi' dc' l dg eá\XZ' eZgdgb VcXZ' VcY' eZghdcVá gZÁi 'dch] 'eh# 'e' i] 'h' hZhd'c' l Z' l 'á' ad' 'Vi' l] Vi' Xj hZi' ehX] dád\XVá \Vb Zh' [dg Y'f[ZgZci' ineZhi VcY' i] Z' kVgdj h' l Vnh' i] ZhZ' \Vb Zh' b Vh' b Vc'fZhi#L Z' l 'á' ad' 'Vi' egXi XVá l Vnh' id' 'ciZgkZcZ' id' end the dysfunctional behaviour while b V'ciV'cing a] ZVá] n' gZÁi 'dch] 'eh# Experience hdb Z' egXi XVá ZnZgX'hZ' i' hat can'] Zæ' aVZgM'Z' ndj ghZá' [gdb' l dggZhi VcY' [ZVgi VcY' 'che'gZ' X] VcVZ' 'c' ndj g' afZ' "' ZnZgX'hZhi] Vi' ndj 'Xvc' V'nd' j hZ' l 'á' ndj g' XaZcih# l] 'h' egXi XVá hZhd'c' 'h' j hZj] á [dg VcndcZi' Wji' 'h' eVg Xj á'gm' j hZj] á 'á' ndj ' l dg' 'c' Xdj chZæ' \! 'XdVX] 'c\! b VcVZb Zci' iZVX] 'c\ dgi ZVb' 'Vj' 'á' c\.

Date: C dkZb WZg' &' ' %& ' l] Vá YVni

Location: 'G'X] b dcY! B ZÁVdj gZ

To be presented at the **AusAPT National Conference** to be held in Melbourne, November 22-23, 2019.

Pre and post conference workshops: Nov. 21 & 24.

For information contact AusAPT: <https://ausapt.org.au>

Designing Creative Workshops on Personality Types

Learn how to design and deliver creative and effective type training for maximum learning. This is a practical workshop suitable for trainers looking for new ideas. In this workshop you will

In this workshop you will

- Explore a variety of ways to present type theory
- Learn to design training for different learning styles
- Learn how to structure training to match the size, needs and types of any group
- Receive a **workbook** of ideas for workshops
- Experience a number of practical exercises#

AdXMi 'dc/ Sydney

9Vi Z/ 9 ZXZb WZg&# 2019 (9am - 5pm)

; ZZ/ \$275 Earlybird: \$250 (register by C dkZb WZg' *)

In-house programs are available for all workshops

To Register, contact ITD...

Call: 0417661104 or

Email: type@itd.net.au